Background:
How is water important to organisms? Water makes up most of every living creature. Every cell in an organism needs water for important processes, such as turning food into usable energy. Plants are special because they make their own food through photosynthesis in the cells of their leaves. The process of photosynthesis requires water.

Plants move water from their roots to their leaves and this water evaporates from the leaf through small pores called stomata. Most stomata in terrestrial plants are on the underside of leaves. This evaporation into the air is the force that draws water upward against gravity. Water molecules cling to each other through weak attractive forces and they move upward along the inside walls of the plants’ vascular tubes (xylem) due to cohesion. This water transport through the plant due to evaporation from leaves is called transpiration.

Students can observe transpiration by collecting water vapor in plastic bags, which re-condenses into liquid water as it cools. Transpiration, and the resulting water collected in the bag, increases with increasing temperature.

In deserts, precipitation is low and the temperature is often hot, so evaporation is also high. Water can be scarce in the desert. Over many generations in the dry, desert environment, the most successful organisms survive and reproduce the best. These organisms are well-suited to their environment because they have special adaptations to desert conditions. Some plant adaptations to conserve water include:

1) small leaves, less surface area and fewer stomata
2) leathery or waxy coating
3) stems store water

Also spines and hairs reflect heat and reduce airflow (evaporation) – they make tiny shadows to cool leaf.

Vocabulary:
conserve - to use less or use well
ecosystems - all the biotic and abiotic components within a specific area (i.e. Sonoran desert ecosystem
adaptations - characteristics/traits that help an organism to survive and reproduce
evapotranspiration - transpiration from leaves and evaporation from soil
organisms - living things such as plants, animals, fungi and bacteria
photosynthesis - the process by which plants convert water and carbon dioxide into chemical energy (sugars) and release oxygen
rural - outside of cities, countryside
stomata - openings on the surface of leaves that are controlled by guard cells and
7) Direct students to the worksheet and introduce the Scientific Question: How is transpiration different in different types of leaves?

8) Explain how to tie bags over stems and leaves, emphasize that the bag must be wrapped tightly to prevent water vapor from escaping.

9) Assist students to answer the THINK questions:
   - What will the bag do?
   - What evidence should we look for in the bags?

10) Prepare to go outside and collect data. Ask the students: What types of leaves should we look for? (narrow and wide, waxy and not waxy. Any cacti?) Will it matter if they are in the sun or the shade? Explain how the class will control for this variable (all sun, all shade, or two groups for comparison).

11) Go outside and assist each student to “bag” one plant of their choice. On the worksheet students should circle the type of leaves on their plant.

12) Back in the classroom, make a table on the board and tally the total number of leaf types for the whole class. Explain how to read a table with two categories of two variables. Assist students to complete the table on their worksheet. (If comparing sun and shade plants, include this in the table or make two separate tables).

13) Ask students to predict which leaf types will lose the most water and complete their worksheet. Discuss their reasoning.

14) Based on the reasoning above, model the construction of hypotheses as explanatory statements. Write hypothesis statements on the board.

15) Discussion and presentation on water use by plants:
   - Show pictures of desert and mesic landscaping. Ask students: What differences do you see? – water!
   - Ask: Where does the extra water in urban areas, like Phoenix, come from? Show pictures to illustrate irrigation and washing cars etc.
   - Discuss how humans change the desert in urban areas. Explain that there is not more precipitation in the city, humans must manage and redirect water from other sources to support the water use in a desert city.
   - More water means more types of non-desert plants can survive in urban areas, such as Phoenix. Growing non-desert plants means less desert ecosystem and...
less water available for other uses.

16) Ask students: Which plants should we grow in Phoenix?

• Show pictures of Sonoran desert plants and other types of common landscaping plants. Ask students: Which are better water savers?

17) Explain that scientists must understand why they predict what we do so they can test it. Discuss their prior predictions based on the plant adaptations above. Allow students to change their predictions if they wish and guide them to write explanations on their worksheet.

18) Retrieve bags: Ask the teams to return to the plants they “bagged” to see if any moisture has collected in the bags. Visually compare the bags from different leaf types and sun/shade. Try to measure the water using beakers or graduated cylinders.

19) Ask students: Where do you think the moisture in the bags came from?

[You may need to explain evaporation and re-condensation]

20) Ask students to describe the leaves that gave off the most moisture and the least moisture in the bags. Based on the traits of narrow and wide, waxy and non-waxy, have students fill out the results table as a class or in small groups for all plants in the investigation.

Expansion

21) Conclude by asking students: which types of plants are best to grow in a desert city (waxy leaves or not waxy; thin, medium or wide leaves)?

22) Complete the data analysis and THINK questions verbally or on the back of the worksheet. Clean up.

Evaluation:

• Students will participate in discussion and investigation.

• Students will record data and respond to questions on the worksheet.

Extensions:

Students may draw a picture to illustrate their answers to the synthesis THINK questions (e.g. water vapor escaping from stomata and re-condensing in the sky as clouds, producing rain).

Students can graph the group data from their data table and compare it to the graph of another group.

As a class, graph all the narrow leaf data from each group to make a vertical bar graph on the board and compare the variation. Is it possible that some narrow leaves lost more water than some wide leaves? You can then compile the wide leaf data for comparison. This illustrates the importance of replication.

Students can combine all class data as averages and make a class graph, emphasizing that the six leaves from each group represent one replicate of the larger investigation.

Read the articles related to urban plants in the ASU Chain Reaction magazine, volume 4:


Have students discuss the articles in small groups. Ask students to explain how understanding evapotranspiration helped the scientists to do their research. Based on what they have learned from the lesson and readings, ask students to make a landscaping plan for their school yard, park or home. They may draw it as an aerial map. What are the main goals of their design (e.g. shade, water conservation, places to play, habitat for animals)? What general types of plants would they use? Which specific tree species would they use? Where would they locate them? How would they be maintained?

Standards

AZ Science Standards
S1-C1-GR3-P02
S1-C1-GR4-P03
S1-C1-GR5-P02
S1-C1-GR6-P01, P02
S1-C2-GR4-8-P01
S1-C2-GR3-3-8-P04, P05
S1-C3-GR3-8-P01

Central Arizona-Phoenix Long-Term Ecological Research Project
Common Core/Mathematics
Domains:
- Number and Quantity
- Measurement and Data
- Statistics and Probability
Math Practice:
- 2. Reason abstractly and quantitatively.

NGSS Core Ideas:
- ESS2.C: The roles of water in Earth's surface processes
- ESS3.C: Human impacts on Earth systems
- ETS1.B: Developing Possible Solutions
- LS1.C: Organization for matter and energy flow in organisms
- LS2.B: Cycles of matter and energy transfer in ecosystems
- LS2.C: Ecosystem dynamics, functioning, and resilience
- LS4.D: Biodiversity and humans

NGSS Practices:
- Planning and carrying out investigations
- Analyzing and interpreting data
- Using mathematics and computational thinking
- Constructing explanations
- Engaging in argument from evidence
- Obtaining, evaluating, and communicating information

NGSS Crosscutting Concepts:
- Cause and effect
- Scale proportion and quantity
- Systems and system models
- Energy and matter: Flows, cycles, and conservation
- Structure and function
- Stability and change

Common Core/ELA Literacy
- RST7: Integrate content from diverse formats
- WHTS1: Write to support claims
- WHTS2: Write to convey ideas and information
- WTS4: Produce clear and coherent writing
- WTS7: Research/investigate to answer a focused question
- SL1: Participate in collaborations and conversations
- SL2: Integrate oral information
- SL4: Present effectively to listeners
Student Worksheet
Transpiration in real leaves

Scientific Question: How is transpiration different in different types of leaves?

Procedure: We will try to observe transpiration by tying plastic bags around the leaves

THINK: What will the bag do? What evidence should we look for in the bag?

RECORD METHODS:

CIRCLE the type of leaves you bagged (may be more than one):
narrow    wide    waxy    not waxy

COUNT the total number of each type of leaves your class bagged

<table>
<thead>
<tr>
<th></th>
<th>Narrow</th>
<th>Wide</th>
</tr>
</thead>
<tbody>
<tr>
<td>Waxy</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Not Waxy</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

PREDICT: Which leaves will lose more water?

CIRCLE your answer (may be more than one): narrow    wide    waxy    not waxy

WRITE: Explain your prediction:

RECORD RESULTS: Make an “X” in the correct category for each leaf type, based on your investigation

<table>
<thead>
<tr>
<th></th>
<th>No Water</th>
<th>Some Water</th>
<th>Lots of Water</th>
</tr>
</thead>
<tbody>
<tr>
<td>Narrow</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wide</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Waxy</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Not Waxy</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Conclusion: Which types of leaves lost the most water through transpiration?

CIRCLE your answer (may be more than one): narrow    wide    waxy    not waxy

WRITE: Which types of leaves are best adapted for plants living in the desert?